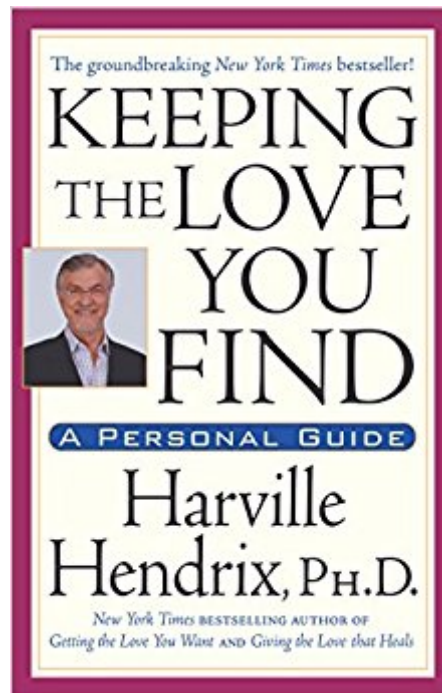




The book was found

Keeping The Love You Find: A Personal Guide



Synopsis

In "Keeping the Love You Find" you'll discover how to:

Book Information

Paperback: 352 pages

Publisher: Atria Books; Reprint edition (February 1, 1993)

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Average Customer Review: 4.3 out of 5 stars 109 customer reviews

Best Sellers Rank: #8,783 in Books (See Top 100 in Books) #21 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Sexuality](#) #38 in [Books > Religion & Spirituality > New Age & Spirituality > New Thought](#) #76 in [Books > Self-Help > Relationships > Love & Romance](#)

Customer Reviews

Harville Hendrix, Ph.D., a clinical pastoral counselor and co-creator of Imago Relationship Therapy, has more than thirty-five years' experience as an educator, public lecturer, and couples' therapist.

I can't say enough good about Harville Hendrix's work. It's tough work for sure - but it makes perfect sense and it's the work you have to face if you want to heal.

This book transformed the way I see myself and relationships of any kind. It opened my mind to a new dimension of unconscious forces directing my life. It's not only helping me find and keep love, it's helping me restore my wholeness and my connection to everything and everyone. I'm so glad people like Dr. Hendrix decided to spend their lives with this type of work -- I even sent him a handwritten thank you note, I feel that's the least I can do.

I recommend anyone to read this book and others by the same author. I have really been able to put the concepts to use in both future relationships and understand past relationships. I cannot begin to explain what I actually learned. It is more like switches turn on in your brain and you understand without remembering exactly what it was. No substitute for this author.

This is a famous book for understanding yourself as a single before getting into another relationship. Dr. Hendrix presents profound insight into the nature of relationships and superior written exercises to analyze your particular history and attractions.

I am giving this rate to this book because I really find it useful. This book was a recommendation of my therapist when I was having a difficult time with my love life and as soon as I started reading it, everything felt so much clearer for me and I was so ready to start loving myself and doing things for myself, before loving somebody else. Now, I am happy, I got married again and have a great family.
good book

Another important book to have in your library. Definitely a good read over and over, and over again...

I should have read this book before I got married. If you're looking to better yourself, understand the baggage you bring to a relationship and how you can choose a better mate than your prior ones, this is the book for you.

Lots of good points.. Good read.

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